



miércoles / wednesday 01/03/2023		jueves / thursday 02/03/2023		viernes / Friday 03/03/2023					
SOPA MARAVILLA ESTOFADO DE PAVO CON VERDURAS Y PATATA FRUTA FRESCA DE TEMPORADA <small>NOODLE SOUP TURKEY STEW WITH VEGETABLES AND POTATOES SEASONAL FRUIT</small>		COCIDO MONTAÑÉS CON SU COMPANGO ENSALADA TRICOLOR YOGUR <small>'MONTAÑÉS' STEW WITH 'COMPANGO' SALAD YOGHURT</small>		MACARRONES NAPOLITANA INTEGRALES CENTROS DE MERLUZA EN SALSA VERDE FRUTA FRESCA DE TEMPORADA <small>NEAPOLITAN MACARONI HAKE IN GREEN SAUCE SEASONAL FRUIT</small>					
lunes / monday 06/03/2023		martes / tuesday 07/03/2023		miércoles / wednesday 08/03/2023		jueves / thursday 09/03/2023		viernes / Friday 10/03/2023	
JUDÍAS VERDES CON TOMATE ALBÓNDIGAS CON VERDURITAS ENSALADA DE LECHUGA Y MAÍZ FRUTA FRESCA DE TEMPORADA <small>GREEN BEANS WITH TOMATO SAUCE MEATBALLS WITH VEGETABLES LETTUCE AND CORN SALAD SEASONAL FRUIT</small>		LENTEJAS CON ARROZ INTEGRAL MERLUZA EN SALSA DE ZANAHORIA YOGUR <small>LENTIL STEW WITH WHOLE RICE HAKE IN CARROT SAUCE YOGHURT</small>		PATATAS CON PULPO TORTILLA FRANCESA CON CALABACÍN ORLY FRUTA FRESCA DE TEMPORADA <small>OCTOPUS POTATOES OMELETTE ZUCCHINI ORLY SEASONAL FRUIT</small>		CREMA DE ZANAHORIA CONTRAMUSLO DE POLLO ASADO CON CAMA DE PATATA FRUTA FRESCA DE TEMPORADA <small>CREAM OF CARROT SOUP ROAST CHICKEN WITH POTATOES SEASONAL FRUIT</small>		ALUBIAS PINTAS ESTOFADAS CALAMARES A LA ROMANA ENSALADA DE LECHUGA Y ZANAHORIA ACTIMEL <small>BEAN STEW ROMAN SQUID LETTUCE AND CARROT SALAD ACTIMEL</small>	
lunes / monday 13/03/2023		martes / tuesday 14/03/2023		miércoles / wednesday 15/03/2023		jueves / thursday 16/03/2023		viernes / Friday 17/03/2023	
CREMA DE CALABACÍN SAN JACOBO CASERO ENSALADA TRICOLOR FRUTA FRESCA DE TEMPORADA <small>CREAM OF ZUCCHINI SOUP HAM CORDON BLEU WITH SALAD SEASONAL FRUIT</small>		FIDEUA MIXTA ROTI DE PAVO CON PATATAS FRUTA FRESCA DE TEMPORADA <small>MIXED FIDEUA TURKEY STEW WITH POTATOES SEASONAL FRUIT</small>		ALUBIAS BLANCAS A LA JARDINERA MERLUZA A LA GALLEGA QUESO <small>BEAN STEW HAKE IN SAUCE CHEESE</small>		SOPA DE VERDURAS LOMO ADOBADO A LA PLANCHA CON ZANAHORIA FRUTA FRESCA DE TEMPORADA <small>VEGETABLES SOUP GRILLED MARINATED PORK LOIN WITH CARROTS SEASONAL FRUIT</small>		GARBANZOS ECOLÓGICOS CON REPOLLO TORTILLA FRANCESA DE ATÚN BRÓCOLI CON REFRITO YOGUR <small>ORGANIC CHICKPEAS WITH CABBAGE TUNA OMELETTE ROASTED BROCCOLI WITH GARLIC YOGHURT</small>	
lunes / monday 20/03/2023		martes / tuesday 21/03/2023		miércoles / wednesday 22/03/2023		jueves / thursday 23/03/2023		viernes / Friday 24/03/2023	
SOPE MINISTRONE TORTILLA DE PATATA ENSALADA DE LECHUGA Y TOMATE YOGUR <small>NOODLE SOUP SPANISH OMELETTE LETTUCE AND TOMATO SALAD YOGHURT</small>		GARBANZOS ESTOFADOS RAGOUT DE CERDO CON CHAMPIÑONES FRUTA FRESCA DE TEMPORADA <small>CHICKPEA STEW GRILLED MARINATED PORK LOIN WITH MUSHROOMS SEASONAL FRUIT</small>		CARACOLILLOS INTEGRALES CON TOMATE Y QUESO BOQUERON EN TEMPURA CON ENSALADA DE LECHUGA Y TOMATE FRUTA FRESCA DE TEMPORADA <small>MACARONI WITH TOMATO AND CHEESE ANCHOVIES IN TEMPURA WITH LETTUCE AND TOMATO SALAD SEASONAL FRUIT</small>		MENESTRA SALTEADA CON SOFRITO CASERO POLLO ASADO CON PATATAS POSTRE CASERO <small>SAUTEED VEGETABLES WITH HOMEMADE SOFRITO ROAST CHICKEN WITH POTATOES HOMEMADE DESSERT</small>		LENTEJAS A LA JARDINERA FILETE DE BACALAO EMPANADO ENSALADA DE LECHUGA Y ZANAHORIA FRUTA FRESCA DE TEMPORADA <small>LENTIL STEW BAKED STEAK COD LETTUCE AND CARROT SALAD SEASONAL FRUIT</small>	
lunes / monday 27/03/2023		martes / tuesday 28/03/2023		miércoles / wednesday 29/03/2023		jueves / thursday 30/03/2023		viernes / Friday 31/03/2023	
PURÉ DE VERDURAS HAMBURGUESA MIXTA CON PATATAS FRUTA FRESCA DE TEMPORADA <small>CREAM OF VEGETABLES SOUP GRILLED BURGER FRENCH FRIES SEASONAL FRUIT</small>		ALUBIAS PINTAS CON ZANAHORIA, PUERRO Y CEBOLLA PESCADILLA AL HORNO CON PISTO CASERO FRUTA FRESCA DE TEMPORADA <small>PINTO BEANS WITH CARROT LEEK AND ONION BAKED WHITING WITH VEGETABLE HOMEMADE SAUCE SEASONAL FRUIT</small>		ARROZ CON TOMATE CASERO TORTILLA FRANCESA SALTEADO CAMPESTRE YOGUR <small>RICE WITH TOMATO SAUCE FRENCH OMELETTE SAUTEED VEGETABLES YOGHURT</small>		PATATAS GUIADAS CON TERNERA IGP CANTABRIA LOMO ADOBADO A LA PLANCHA ENSALADA VARIADA FRUTA FRESCA DE TEMPORADA <small>VEAL STEWED POTATOES GRILLED MARINATED PORK LOIN SALAD SEASONAL FRUIT</small>		JORNADA GASTRONOMICA ITALIANA ESPAGUETIS NAPOLITANA PIZZA CASERA DE JAMÓN Y QUESO HELADO <small>SPAGHETTI NAPOLITANI PIZZA FATTA IN CASA CON PROSCIUTTO E FORMAGGIO GELATO</small>	